

Free & Reduced-Meal forms can be obtained from the school office at any time throughout the school year.

PRE-PAYMENT IS ALWAYS APPRECIATED



Breakfast Prices
Free

August Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		18-Aug Cereal Fruit, Cheese Juice	19-Aug Muffins Fruit, Cheese Juice	20-Aug Cereal Fruit, Cheese Juice
23-Aug Cereal Fruit, Cheese Juice	24-Aug Pop Tarts Fruit, Cheese Juice	25-Aug Bagels Fruit, Cheese Juice	26-Aug Muffins Fruit, Cheese Juice	27-Aug Cereal Fruit, Cheese Juice
30-Aug Cereal Fruit, Cheese Juice	31-Aug Pop Tarts Fruit, Cheese Juice			

August Lunch Menu

Eating Healthy Tips

Build a healthy meal:

* Add lean protein . Choose protein foods, such as lean beef and pork, or chicken, turkey, beans, or tofu. Twice a week, make seafood the protein on your plate.



1% or Non Fat Milk is served daily

Lunch Prices
free

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		18-Aug Chicken Nuggets Fries Veggies Fruit	19-Aug Hamburger Chips Veggie Fruit	20-Aug Pizza Hut Pizza (Cheese) Salad Fruit
23-Aug Corn Dogs Fries Veggies Fruit	24-Aug Deli Sando Chips Veggies Fruit	25-Aug Bean & Cheese Burrito Veggies Fruit	26-Aug Macho Nachos Veggies Fruit	27-Aug Pizza Hut Pizza (Pepperoni) Salad Fruit
30-Aug Chicken Nuggets Fries Veggies Fruit	31-Aug Frito Boats Fruit			

(Menu Subject to Change)

In the operations of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington, D.C., 20250.

En las operaciones de alimentacion para niños, ningún niño será discriminado a causa de raza, color, origen nacional, la edad o la incapacidad. Si usted cree que usted ha sido discriminado, escriba inmediatamente al Secretario de Agricultura, Washington, D.C., 20250.