

Blochman Union School District

Triennial Assessment Report to the Public

Target Audience(s)	Method	Date
Parents/Caregivers, teachers, community partners	District Website	6/11/2025
District School Board	Presentation during School Board meeting	6/10/2025
Community Partners	Presentation during District Wellness Committee meeting	5/20/2025
Parents/Caregivers	Presentation during District Wellness Committee meeting	5/20/2025

Extent of Compliance for All Schools with the LSWP Template

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
Nutrition Education Requirements(s)	0	1	0
Nutrition Promotion Requirements(s)	0	0	1
Physical Activity Requirement(s)	0	0	1
Other Student Wellness Requirements(s)	0	0	1
Federal/State Meal Standards	0	0	1
Foods Offered but Not Sold Standards	0	0	1
Food and Beverage Marketing	0	0	1

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Public Notification	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Triennial Assessment	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No



2025 Wellness Policy Report

Blochman Union School District



We met these goals:

1. Nutrition promotion goal: The district/school will promote healthy food and beverage choices and school meals using recommended marketing and merchandising techniques.
2. Physical activity goal: The district/school will provide regular physical activity opportunities to all students.
3. Other student wellness goal: The district is committed to supporting the mental health needs of our students.


Our Wellness Goals



We are still working on these:

1. Nutrition education goal: Nutrition education is taught using evidence-based curricula that are aligned with the National Health Education Standards and address healthy eating and physical activity topics.

 All policies for meal standards, competitive foods & drinks, celebrations, rewards, fundraisers, and marketing can be found on the district website located at www.blochmanusd.org. 100% of schools are in compliance with these policies.

 Information regarding activities related to implementation plans, triennial progress assessments, policy revisions & updates, and public notifications can be found on the district website located at www.blochmanusd.org.



BLOCHMAN UNION SCHOOL DISTRICT/BENJAMIN FOXEN ELEMENTARY SCHOOL

Progress in Reaching LSWP Goals

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
Nutrition Education Goal(s): Nutrition and physical activity (PA) education are taught using evidence-based curricula that are aligned with the National Health Education Standards and address healthy eating and PA topics.	Partially	Students in grade 8 receive health instruction from <i>Teen Health</i> (McGraw-Hill). Teachers in other grades incorporate state-approved health related supplemental instructional materials into the classroom curriculum.	Link to the McGraw-Hill website for <i>Teen Health</i> : https://www.mheducation.com/prek-12/program/teen-health-2021/MKTSP-GHT09M0.html?page=1&sortby=title&order=asc&bu=seg
Nutrition Promotion Goal(s): The district/school will promote healthy food and beverage choices and school meals using recommended marketing and merchandising techniques.	Yes	The district/school promotes healthy food and beverage choices using marketing and merchandising techniques.	Attachment 1: Healthy Food and Beverages Marketing and Merchandising Techniques

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
Physical Activity Goal(s): The district/school will provide regular physical activity opportunities to all students.	Yes	The district/school provides opportunities for all students to participate in physical activities during the school day.	Attachment 2: Sample lesson plans for grades K-5 Attachment 3: Grades 6 – 8 daily schedule
Other student wellness Goal(s): The district is committed to supporting the mental health needs of our students.	Yes	The district provides an on-site school psychologist to support the mental health needs of students. The district also provides additional tools and supports on the district website.	Link to mental health resources: https://www.blochmanusd.org/mental-health-resources/

ATTACHMENT 1

BLOCHMAN UNION SCHOOL DISTRICT

HEALTHY FOOD AND BEVERAGES MARKETING AND MERCHANDISING TECHNIQUES

1. A variety of mixed whole fruits are displayed in nice bowls or baskets.
2. Fruit is offered in at least two locations on all service lines, one of which is right before each point of sale (POS).
3. Vegetables are offered on all serving lines.
4. White milk is displayed in front of other beverages in all coolers.
5. Cafeteria staff politely prompt students who do not have a full reimbursable meal to select a fruit or vegetable.
6. Signs show students how to make a reimbursable meal on any service line.
7. Cafeteria staff smile and greet students upon entering the service line and continually throughout meal service.
8. A monthly menu is posted on the district's website.

ATTACHMENT 2

SAMPLE DAILY SCHEDULE - GRADE K

BEGIN TIME	END TIME	TASK
8:30	9:00	Numbers/phonics
9:00	9:40	ELA
9:40	9:50	Recess
9:50	11:20	ELA/math
11:20	12:00	Lunch/recess
12:00	12:30	Rest period
12:30	12:50	ELA/math
12:50	1:20	Free play
1:20	1:30	PE
1:30	1:55	Nature walk
1:55	2:10	PE

SAMPLE DAILY SCHEDULE - GRADE 1

BEGIN TIME	END TIME	TASK
8:30	9:00	Spelling
9:00	9:55	ELA
9:55	10:05	Recess
10:05	11:20	Math
11:20	11:40	Recess
11:40	12:00	Lunch
12:00	12:45	Science
12:45	1:05	PE
1:05	1:55	Social Studies
1:55	2:10	Clean up/silent reading

SAMPLE DAILY SCHEDULE - GRADE 2

BEGIN TIME	END TIME	TASK
8:30	8:40	Morning meeting
8:40	9:05	PE
9:05	9:40	WWS
9:40	9:50	Recess
9:50	10:45	Math
10:45	11:20	ELA
11:20	12:00	Lunch/recess
12:00	12:20	Read aloud
12:20	1:05	Science
1:05	2:05	Social Studies
2:05	2:30	Silent reading

SAMPLE DAILY SCHEDULE - GRADE 3

BEGIN TIME	END TIME	TASK
8:00	8:30	Reading and homework
8:30	9:00	Spelling/cursive
9:00	9:55	ELA
9:55	10:05	Recess
10:05	11:20	Math
11:20	11:40	Recess
11:40	12:00	Lunch
12:00	12:45	Science
12:45	1:35	PE
1:35	1:55	Social Studies
1:55	2:10	Clean up/silent reading

SAMPLE DAILY SCHEDULE - GRADE 4

BEGIN TIME	END TIME	TASK
8:30	9:00	ELA
9:00	9:55	Silent Reading
9:55	10:05	Recess
10:05	11:20	Math
11:20	11:40	Recess
11:40	12:00	Lunch
12:00	12:45	History
12:45	1:20	Writing
1:20	1:40	PE
1:40	2:25	I-Ready Math

SAMPLE DAILY SCHEDULE - GRADE 5

BEGIN TIME	END TIME	TASK
8:30	9:00	Math
9:00	9:15	Cursive/spelling
9:15	10:10	ELA
10:10	10:20	Recess
10:20	11:20	Math
11:20	12:05	PE
12:05	12:45	Lunch/recess
12:45	1:00	Study Hall
1:00	1:30	Science
1:30	2:15	Small group work

6th-8th Grade Schedule						
Time		6th		7th		8th
8:30-9:25		Language Arts DeKorte		Math Saeli		Social Studies Arkinson
9:25-10:25		Math Saeli		Social Studies Arkinson		Language Arts DeKorte
10:10-10:20		Recess		Social Studies Arkinson		Language Arts DeKorte
10:25-10:35		Math Saeli		Recess		Recess
10:35-11:25		Social Studies Arkinson		Language Arts DeKorte		Math Saeli
11:25-12:05		PE Arkinson		Math Ext Saeli		Language Arts Ext DeKorte
12:05-12:45		Lunch Cafeteria/Recess		Lunch Recess/Cafeteria		Lunch Recess/Cafeteria
12:45-1:35		Science DeKorte		PE / Health Arkinson		Science Saeli
1:35-2:30		Language Ext DeKorte		Science Saeli		PE / Health Arkinson
Teachers rotate classes, students do not move						

Attachment 3